

Ideas for stable bound horses

- 1. Drop an apple in the water bucket as it will float and entertain your horse**
- 2. Have a radio playing throughout the day**
- 3. Buy a treat ball**
- 4. Design a mobile made from vegetables or fruit (don't hang it too low to avoid stable accidents)**
- 5. Hide treats around the stable in various places for the horse**
- 6. Attach a Likit to the stable wall**
- 7. Buy a stable mirror (make sure it is shatter proof)**
- 8. Feed hay in a small hole hay net**
- 9. Buy a dog toy for the stable, you will be amazed how much fun horses can have with those**
- 10. Hang a small bottle of water on a string by the door for horse to play with (I)**
- 11. Put an old football or a small horse ball in stable**
- 12. Cut some fresh grass and put on the floor**
- 13. Cut some dandelions and put in stable**
- 14. If there are nettles growing in your area, cut a whole bunch, and put them in stable when fully dried**
- 15. Put some dabs of liquorice extract in the stable the strong smell will keep him amused**
- 16. Hang a wind chime near his stable**
- 17. Cut a horse friendly small branch (<https://blog.treesandhedging.co.uk/news-from-treesandhedging-co-uk/horse-friendly-plants/>) for the horse to chew on**
- 18. Buy a small water feature for the yard, the sound of running water calms horses**
- 19. Hang a familiar rug over his door like his best friends or girl friend to make him for relaxed**
- 20. Have a salt block in the stable**
- 21. Hang two hay nets on opposite sides in stable so he can wander between them both**
- 22. Get a small hand full of hay, and twist both ends opposite ways into a long sausage; once its twisted, make a knot in it and pull tight, the horse will chuck it around and play with it**
- 23. Fill a hay net and bury fruit inside**
- 24. Get some natural calmer which increases the Serotonin level in the brain (it's a neurotransmitter making the horse happy); the best one I have found so far is from www.equinescience.co.uk**